



**THE CARIBBEAN ASSOCIATION
OF ORTHOPAEDIC SURGEONS**

7th ANNUAL CONFERENCE

**THE RITZ-CARLTON GOLF AND SPA RESORT
ROSE HALL, MONTEGO BAY, JAMAICA**

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SEPTEMBER 30, 2011 – OCTOBER 2, 2011

REGISTRATION:

Registration for paid-up CAOS members:	Free
Registration for non-member Orthopaedic Physicians:	US \$100
Registration for non-member Physicians:	JA \$5, 500
Registration for Residents, Physiotherapists, Nurses, Paramedicals:	JA \$4, 000
Registration for Orthopaedic Residents:	JA \$3, 000
Registration for Medical Students:	Free with ID
Daily rate: Friday	JA \$2,500
Saturday	JA \$3,000
Sunday	JA \$2,500

CME CREDITS WILL BE GIVEN FOR EACH DAY OF ATTENDANCE

THURSDAY, SEPTEMBER 29, 2011

SAWBONES WORKSHOP - RESIDENTS

TOTAL HIP & TOTAL KNEE ARTHROPLASTY

8:00am – 5:00pm SURGICAL SKILLS LAB, UHWI

*Sponsored by Medical Technologies Limited
and
Smith & Nephew*

FRIDAY, SEPTEMBER 30, 2011

1:30-4:30pm **Registration**

3:00-5:15pm **INSTRUCTIONAL LECTURES**

MODERATOR: GRANTEL DUNDAS

Cartilage Preservation - Where are we now? - 30 mins

Saadiq El-Amin III

Discussion – 15 mins

Common Paediatric Foot Disorders - 30 mins

David Podeszwa

Discussion – 15 mins

Principles of Deformity Correction, Acute versus Gradual

Correction, and the use of the Ilizarov Method in

Correcting Lower Limb Deformities - 30 mins

Professor John Birch

Discussion – 15 mins

SATURDAY, OCTOBER 1, 2011

8:00 – 8:45am **Registration**

8:45 – 9:00am Welcome and Introductory Remarks **Chris Rose, President**

SESSION 1 MODERATOR: HORATIUS JEFFERS

9:00 – 9:15am Femoral Neck Fractures – Local Experience **Kevin Jones**

9:15 – 9:30am Avascular Necrosis in SLE Patients – Preliminary Report **Jerome Jones**

9:30 – 9:45am Obesity and Total Joint Arthroplasty: Pearls and Pitfalls
Sean Thompson

9:45 – 10:00am Minimally Invasive Total Hip Arthroplasty **Jeff Chase**

10:00 – 10:20am Merck Sharp & Dohme Presentation: Shockwave Therapy in Orthopaedics
and Sports Medicine **Professor Carlos Leal**

10:20 – 10:35am Discussion

10:35 – 10:55am Coffee Break - *Sponsored by Novartis*
Viewing of Exhibits

SESSION 2 MODERATOR: WAYNE PALMER

10:55 – 11:10am Replantation in the Third World **Rajeev Venugopal**

11:10 – 11:25am What's new about Tennis Elbow **William Peckett**

11:25 – 11:40am Total Elbow Arthroplasty – Local Experience **Mark Minott**

11:40 – 1:55am Painful Arc Syndrome – MRI Evaluation **Richard Bullock**

11:55 – 12:15pm Internal Stabilization: A new method for Management of Unstable Elbow
Jorge Orbay

12:15 – 12:30pm Endoscopic Carpal Tunnel Release in Jamaica - Seven Years Experience
Derrick McDowell

12:30 – 12:45pm Discussion

12:45 – 2:15pm Lunch – **Launch of Bone Bank in Jamaica**
Sponsored by Medical Technologies Limited

SUNDAY, OCTOBER 2, 2011

7:30 – 8:30am Annual General Meeting of CAOS

8:30 – 9:00am **Registration**

SESSION 6 MODERATOR: JEFF CHASE

9:00 – 9:15am How Knowledgeable are our Students about Osteoporosis
Orville Samuels

9:15 – 9:30am Orthopaedic Audit at the Kingston Public Hospital **Ian Neil**

9:30 – 9:45am Training of the Young Athlete **Terry Ali**

9:45 – 10:05am Lateral Ankle Instability **Theodore Evans**

10:05 – 10:25am Bunion Surgery: Pearls and Pitfalls **John Torregrosa**

10:25– 10:40am Discussion

10:40- 11:00am Coffee Break – *Sponsored by Tankweld Limited*
Viewing of Exhibits

SESSION 7 MODERATOR: WARREN BLAKE

11:00– 11:20am Modified Oxford Bone Score as a Predictor of Contralateral SCFE
Professor John Birch

11:20– 11:40am Open Treatment of Unstable SCFE **David Podeszwa**

11:40– 11:55am Osteomyelitis versus Sickle Cell Painful Crisis. The Role of CRP Titres
Dayanand Sawh

11:55– 12:15pm Preservation of the Adolescent Dysplastic Hip **David Podeszwa**

12:15 – 12:35pm Idiopathic Scoliosis – How Physical and Psychological Characteristics
Relate to Patient Satisfaction with Cosmetic Results
Professor John Birch

12:35 –12:50pm Discussion

12:50 – 1:05pm Closing Remarks and Vote of Thanks **Akshai Mansing**

FACULTY

Abbott, Edgar	-	Jamaica
Ali, Terry	-	Trinidad and Tobago
Birch, John	-	USA
Blake, Warren	-	Jamaica
Boyd, Gerald	-	USA
Bullock, Richard	-	Jamaica
Carrington, Randolph	-	Barbados
Chase, Jeff	-	USVI
Dixon, Rory	-	Jamaica
Dundas, Grantel	-	Jamaica
El-Amin III, Saadiq	-	USA
Evans, Theodore	-	USA
Jeffers, Horatius	-	St Lucia
Jones, Jerome	-	Barbados
Jones, Kevin	-	Jamaica
Leal, Carlos	-	Columbia
Lousaing, Derrick	-	Trinidad and Tobago
McDowell, Derrick	-	Jamaica
Mansingh, Akshai	-	Jamaica
Meanwell, William	-	USA
Mencia, Marlon	-	Trinidad and Tobago
Minott, Mark	-	Jamaica
Neil, Ian	-	Jamaica
Orbay, Jorge	-	USA
Palmer, Wayne	-	Jamaica
Peckett, William	-	Bermuda
Podeszwa, David	-	USA
Rose, Christopher	-	Jamaica
Samuels, Orville	-	Jamaica
Sawh, Dayanand	-	Jamaica
Thompson, Sean	-	USA
Torregrosa, John	-	USA
Trainer, David	-	USA
Venugopal, Rajeev	-	Jamaica

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